

## **DIY Nail Painting: Easy At-Home Steps**

### **Group Members & Duties:**

- Israel Lozornio – Outline, Script, Conclusion, Statement of audience and purpose
- Estrella Garcia – Writing all the steps/instructions, voice-over
- Matthew Montoya – Directed Flyers creation,
- Kristian Pahe – Filming, Script, Video editing
- Alberto Rosales – Presentation of the information

### **Statement of Audience and Purpose**

- Audience: The target audience are novices in nail painting, particularly kids to young adults with an interest in aesthetics/beauty.
- Purpose: The purpose is to explain to the target audience about the process of non-professional nail painting, the accessible materials involved, along with potential hazards associated with misuse/mishandling of nail products.

### **Introduction**

- Subject: Nail Care
- Purpose: Educational
- Importance: Cosmetic and health
- Ability: Beginner
- Time: ~30 minutes
- Motivation: Aesthetic enhancement
- Audience: Beginners (learning how to do your own nails), younger audiences (have parent supervision),

### **Materials**

- Materials: Nail Polish - Base coat, color, top coat, Acetone, cotton balls, cotton swabs, paper towels,
- Tools:
- Conditions (if necessary): Keep a clear and clean work surface, use a flat surface, make sure hands are washed, clean of debris, and towel-dried prior to starting.

### **List of tools**

- Nail Polish
- Base coat
- Color
- Top coat
- Acetone
- Cotton balls
- Cotton swabs
- Paper towels
- Well lighted area

## **DIY Nail Painting: Easy At-Home Steps**

### **Preliminary Conditions:**

- Make sure hands are washed and clean of any debris.
- Towel dry hands.

Warning: Fumes from applicants are toxic.

Warning: Immediately halt use of applicants if any allergic reaction or irritation occurs.

Danger: Keep nail polish and remover away from heat, flames, or sparks as they are flammable.

Danger: Do NOT ingest any nail applicants.

Caution: Seek parental supervision if necessary.

### **Brief Overview of Steps:**

- Step 1 Clear table area, and organize products. 5 minutes
- Step 2 Use the acetone with a q-tip or cotton ball to clean and dry all nails. 2 minutes
- Step 3 Paint all nails using the base coat. Let dry for about 2 minutes.
- Paint using three strokes: one stroke in the middle, one stroke on the side, and one stroke on the other side. Try not to brush more than 5 times.
- Step 4 Paint all nails with a color polish of choice. Let dry for about 2 minutes.
- Step 5 Paint all nails with top coat, let dry for about 15 minutes.
- DONE Now you have a finished and clean manicure!

### **Step 1) Set Up Area for Polishing Nails**

1.1 Select a well-ventilated room.

1.2 Clear a flat table area for painting nails.

1.3 Gather materials:

- Base coat
- Color/Polish Coat
- Top coat
- Acetone nail polish remover
- Cotton swabs
- Paper towels or dry wipes

1.4 Open nail applicant bottles in advance.

1.5 Position applicants within reach for easy and quick access.

### **Step 2) Clean and Dehydrate Nails with Nail Polish Remover (Acetone)**

2.1 Blot paper towels/wipes in acetone.

2.2 Wipe nails with wipes/paper towels until dry.

### **Step 3) Paint Nails with Base Coat**

3.1 Apply a central stroke starting from the cuticle then outward.

- Note: Be sure to paint about a millimeter away from the edge of the nail so that to avoid skin.

## **DIY Nail Painting: Easy At-Home Steps**

3.2 Apply two lateral strokes that flank the central stroke, starting from the cuticle then outwards.

3.2a Optional: If have longer nails: Apply a final stroke to underneath protruding nail, avoiding skin contact.

3.3 Let painted nails dry for approximately 5 minutes.

### **Step 4) Paint Nails with Color/Polish**

4.1 Apply a central stroke starting from the cuticle outward.

- Note: Again, paint up to a millimeter away from skin.

4.2 Apply two lateral strokes flanking the central stroke.

4.2a Optional: Apply final stroke

4.2b Optional: If using non-dominant hand to paint dominant hand:

4.2b.1 Lay your dominant hand flat on the table.

4.2b.2 Restrict movement of non-dominant hand so that brush hovers above dominant hand.

4.2b.3 Slide dominant hand so that brush drags against nail making a stroke outwards.

4.2b.4 Repeat for every stroke.

4.3 Apply a second coat of polish repeating the strokes from steps 4.1-4.2.

4.4 Let nails dry for approximately 10 minutes

### **Step 5.) Paint Nails with Top Coat**

5.1 Apply central stroke.

5.2 Apply two lateral strokes.

5.2a Optional: Apply stroke underneath tip for long nails.

5.3 Let nails dry for approximately 15 minutes.

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### Visual Guide



## DIY Nail Painting: Easy At-Home Steps



### DIY Nail Painting: Easy At-Home Steps

**NOTE:** Paint nails in bright light to see what you're doing.

**WARNING:** Keep polish and acetone away from heat and flames.

**WARNING:** Do not ingest.

#### Materials Needed:

- Acetone-Based Nail Polish Remover
- Base Coat
- Choice of Nail Color/Polish
- Nail Drying top Coat
- Cotton Swabs
- Paper towel or dry wipes

#### • Step 1

Time:

5 Minutes

- Set up work area
  - Select a well ventilated room.
  - Clear a flat table and gather the materials for easy reach.

#### • Step 2

Time:

2 Minutes

- Clean and Dehydrate Nails
  - Use the acetone with a Q-tip or cotton ball to clean and dry all nails.

#### • Step 3

Time:

2 Minutes

- Paint all nails using the base coat. Let dry for about (2 minutes).
  - Paint using three strokes: one stroke in the middle, one stroke on the side, and one stroke on the other side. Try not to brush more than 5 times.

#### • Step 4

Time:

2 Minutes.

- Paint all nails with a color polish of choice. Let dry for about 2 minutes.

#### • Step 5

Time:

15 Minutes

- Paint all nails with top coat, let dry for about 15 minutes.

Total Time:

30 Minutes

- DONE Now you have a finished and clean manicure!